

## **DR. ADRIANA SCHWARTZ'S ADDRESS**

President of AEPROMO (Spanish Association of Medical Professionals in Ozone Therapy) and IMEOF (International Medical Ozone Federation)

### **Inauguration of the 5th International Congress of AEPROMO and 6th of IMEOF**

"Better Ozone Therapy with Training, Research and Publications"

Faculty of Medicine, Complutense University

Madrid, June 2-3, 2017

Distinguished members of the inaugural congress board, esteemed speakers, dear members of the Board of Directors and members of AEPROMO and IMEOF, esteemed colleagues and exhibitors, friendly guests, ladies and gentlemen:

We are facing the ninth birthday of AEPROMO. The path travelled has made this association an exemplary institution, strong, a transatlantic, as many have it qualified, but the journey has not been easy. With great humility, constancy, to know how to be present, knowledge, objectivity and above all with a lot of work and professionalism, we have arrived at this international congress declared one more time "Event of Health Interest"; and in one of the most prestigious universities in the Spanish speaking countries, "The Complutense". Perseverance is of champions.

Today, with great pride, we can say that our scientific work has made this world something better, that we have contributed and keep contributing a lot; and definitively changed for the better, the international scientific panorama of ozone therapy in the world.

In recent years ozone therapy as an effective therapeutic method has been further developed and disseminated. New forms of application have been developed, new processes, modern and more precise generators have been introduced, as well as new mechanisms of ozone action have been discovered.

Currently we now know that ozone lacks of receptors, that its mechanism of pharmacological action is indirect, and that the therapeutic response depends on the activation of signals from the nuclear transduction mechanism, such as Nrf2, which ends with the synthesis of thousands of proteins and antioxidant enzymes that will build the endogenous antioxidant system. We also know that this signal is only triggered at low doses of ozone responding to the hermetic behavior of the same.

Today's situation differs significantly from the era of the 80's of the last century, when for example, pregnancy was considered as one of the contraindications for the use of ozone. We have with us our Russian colleagues who corroborate its effectiveness and use in the pregnancy; or when the use of high doses was considered to be most appropriate; or when ozonated saline was considered harmful to the body. All that has changed and evolved for the better.

History has shown that it has been difficult for ozone therapy to develop and to be recognized by conventional medicine. In spite of all the drawbacks, crucial steps have been taken in the development of the therapy.

The ozone therapy has been placed little by little on the medical agenda of about 50 countries where it is being practiced. 12 countries out of these 50 have adopted regulation decisions on ozone therapy so far. In most of these 12 countries the ozone therapy regulations have been achieved thanks to the active involvement of AEPROMO and IMEOF.

It has been achieved the criteria unification and consensus in the application of the therapy through the publication in 2010 of the "Madrid Declaration on Ozone Therapy", a document that has been established as an ozone therapy world reference guide. It was updated in 2015 and officially presented in the Royal Spanish National Academy of Medicine and translated into 11 languages so far. The success of this publication has not precedents. Much of this progress is due to AEPROMO and the international federation IMEOF.

Today we officially present the international debut of the Guatemalan Association of Ozone Therapy recently founded, last March 2017, under the direct advice of AEPROMO. Its chairman is Dr. Miguel Antonio Mejía. We warmly welcome our dear companions from Guatemala.

The Guatemalan Association of Ozone Therapy has decided to be part of the more than 20 associations that make up IMEOF, international federation that is proudly celebrating today its sixth international congress along with the 5th of AEPROMO.

This congress is standing strong. It has surpassed its own marks. The scientific presentations you are about to hear are of a high level, both academic and investigative. We congratulate all the speakers for their dedication and seriousness in presenting their researches.

AEPROMO has decided on this occasion to reward the best presentations and believe me the selection made by the Scientific Committee of the congress has been very difficult, the level is very high.

I invite you to enjoy this magnificent event and learn from each other for the benefit of our patients. I finish wishing long life to this organization that despite the attacks has remained undamaged, strong and growing day by day. The sun cannot be covered with a finger. Move on with the courage that characterizes us.

A big hug to everyone present. Enjoy the wonderful city of Madrid. Thank you very much!